

Lunch Menu – Autumn Term – Week 1 (06/09, 27/09)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Mild Sweet Potato Curry	Beef Bolognese	Roast Gammon with Apple Sauce	Chicken and Leek Pie	<u>Fish Friday</u> Oven Baked Sustainable Fish or Fish Fingers
Main 2	Vegetable Biryani	Pasta with Tomato Sauce and Cheese	Vegetable Wellington	Shepherdess Pie	Vegetable Samosa
Seasonal Vegetables and Potatoes	Rice Jacket Potato Cauliflower Carrots	Pasta Jacket Potato Garlic Bread Peas	Mash Potato Jacket Potato Carrots Green Beans	Roast Potatoes Jacket Potato Broccoli Sweetcorn	Skinny Chips Sweetcorn Peas
Seasonal Salads	Seasonal Salad Selection				
Sweet Selection	Peach Crumble with Custard	Carrot Cake	Chocolate Sponge with Chocolate Sauce	Rice Pudding with Jam Sauce	Cookies
Available Daily	Jacket Potato Toppings – Cheese, Ham, Boiled Egg Whole Fruit Selection – Apple, Orange, Banana Cut Fruit Selection – Melon, Orange, Pineapple, Dried Fruit Pots Bread and Butter				

Lunch Menu – Autumn Term - Week 2 (13/09, 04/10)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Pasta with Tomato Sauce and Cheese	Chicken Chow Mein	Traditional Shepherd's Pie	Roast Chicken Breast	<u>Fish Friday</u> Oven Baked Sustainable Fish or Fish Fingers
Main 2	Jacket Potato with Baked Beans	Vegetable Chow Mein	Carrot, Sweet Potato and Halloumi Rosti	Roasted Root Vegetable Toad in the Hole	Vegetarian Sausages
Seasonal Vegetables and Potatoes	Pasta Jacket Potato Carrots Cauliflower	Noodles Jacket Potato Prawn Crackers Broccoli	Jacket Potato Peas Gravy	Roast Potatoes Jacket Potato Cabbage Carrots	Skinny Chips Sweetcorn Peas
Seasonal Salads	Seasonal Salad Selection				
Sweet Selection	Apple and Blackberry Crumble	Peaches with Flavoured Yoghurt	Lemon Drizzle	Flapjack	Apple Pie with Custard
Available Daily	Jacket Potato Toppings – Cheese, Ham, Boiled Egg Whole Fruit Selection – Apple, Orange, Banana Cut Fruit Selection – Melon, Orange, Pineapple, Dried Fruit Pots Bread and Butter				

Lunch Menu - Autumn Term - Week 3 (20/09, 11/10)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Quorn Chilli	Chicken Burger	Beef Lasagne	Katsu Chicken Curry	<u>Fish Friday</u> Oven Baked Sustainable Fish or Fish Fingers
Main 2	Vegetable Chilli	Vegetable Burger	Vegetable Lasagne	Vegetable Korma	Vegetable Spring Roll
Seasonal Vegetables & Potatoes	Rice Jacket Potato Sweetcorn Peas	Potato Wedges Jacket Potato Carrots Broccoli	Garlic Bread Jacket Potato Green Beans	Rice Jacket Potato Sweetcorn Sautéed Cabbage	Skinny Chips Baked Beans Peas
Seasonal Salads	Seasonal Salad Selection				
Sweet Selection	Orange and Polenta Cake with Yoghurt	Banana and Apricot Flapjack	Mandarin Orange Segments	Jam Sponge with Custard	Chocolate Brownie
Available Daily	Jacket Potato Toppings – Cheese, Ham, Boiled Egg Whole Fruit Selection – Apple, Orange, Banana Cut Fruit Selection – Melon, Orange, Pineapple, Dried Fruit Pots Bread and Butter				