

Lunch Menu – Autumn Term – Week 1 (03/11, 24/11)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Pork Sausages with Mashed Potato	Chicken & Sweetcorn Pie with New Potatoes	Beef Bolognaise with Spaghetti	Katsu Chicken with Curry Sauce and Wholegrain Rice	Oven Baked Sustainable Fish or Fish Fingers with Chips
Vegetarian Option	Vegetable Sausages with Mashed Potato	Cheese, Leek and Potato Pie with New Potatoes	Quorn Bolognaise with Spaghetti	Katsu Cauliflower with Curry Sauce and Wholegrain Rice	Vegetable & Bean Paella with Garlic Aioli
Sides	Peas Baked Beans Gravy	Carrots Cauliflower Gravy	Green Beans Garlic Dough Balls	Carrots Broccoli	Sweetcorn Peas
Alternative Mains	Wholemeal Pasta with salad and topping selection	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection
Dessert	Cookie	Peaches and Yoghurt	Apple Crumble with Custard	Carrot Cake	Rice Pudding with Jam Sauce
Available Daily	Whole Fruit Selection – Apple, Orange, Banana Cut Fruit Selection – Melon, Orange, Pineapple, Dried Fruit Pots Bread and Butter				

Lunch Menu – Autumn Term - Week 2 (10/11, 01/12)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Goujon Wrap with Potato Wedges	Beef Lasagne	Roast Turkey with Mashed Potato	Chicken Korma with Mixed White & Brown Rice	Oven Baked Fish or Fish Fingers with Chips
Vegetarian Option	Vegetable Nuggets with Potato Wedges	Vegetable & Quorn Lasagne	Cheesy Leek and Carrot Crumble with Mashed Potato	Vegetable & Chickpea Korma with Mixed White & Brown Rice	Cauliflower & Broccoli Cheese Bake with Chips
Sides	Carrots Peas	Garlic Bread Cauliflower	Carrots Broccoli Gravy	Poppadums Green Beans	Peas Baked Beans
Alternative Mains	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection
Dessert	Reduced Sugar Flapjack	Chocolate Sponge with Chocolate Custard	Reduced Sugar Banana Cake	Fruit Salad	Jam Sponge with Custard
Available Daily	Whole Fruit Selection – Apple, Orange, Banana Cut Fruit Selection – Melon, Orange, Pineapple, Dried Fruit Pots Bread and Butter				

Lunch Menu – Autumn Term - Week 3 (17/11, 08/12)

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Plant Based Meatballs with Wholemeal Pasta	Sweet & Sour Chicken with Wholegrain Rice	Cottage Pie with Thyme & Onion Crust	Peruvian Chicken with Chips	<u>Theme Day</u>
Vegetarian Option	Mushroom & Parmesan Risotto	Thai Green Vegetable Curry with Wholegrain Rice	Macaroni Cheese	Vegetable & Bean Stir Fry with Rice Noodles	
Sides	Broccoli Carrots	Cauliflower Cabbage	Green Beans Carrots Gravy	Peas Sweetcorn	
Alternative Mains	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection	Jacket Potato with salad and topping selection	
Dessert	Reduced Sugar Chocolate Brownie	Apple Pie with Custard	Mandarins with Yoghurt	Sticky Toffee Pudding with Custard	
Available Daily	Whole Fruit Selection – Apple, Orange, Banana Cut Fruit Selection – Melon, Orange, Pineapple, Dried Fruit Pots Bread and Butter				