



CATERHAM
PREP

Relationships and Sex Education (RSE) Policy

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<i>This policy is reviewed annually</i>	

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1. Policy Statement and Purpose

This policy sets out the school's approach to Relationships and Sex Education (RSE) and meets the requirements of the Department for Education (DfE) statutory guidance *Relationships Education, Relationships and Sex Education (RSE) and Health Education* and the Independent School Standards.

The purpose of RSE at Caterham School is to ensure that pupils:

- develop healthy, respectful and positive relationships
- understand how to keep themselves safe, including online
- are prepared for the physical and emotional changes associated with growing up
- are supported to develop confidence, resilience and self-respect

This policy is written for parents, carers and trustees. Detailed guidance on curriculum content and classroom delivery is set out in the Teacher Toolkit: Teaching, Curriculum and Assessment, including Appendix E (PSHCEE & RSE Curriculum Overview).

2. Statutory Context

This policy complies with:

- Section 34 of the Children and Social Work Act (2017)
- DfE statutory guidance on Relationships Education and Health Education (updated 2020)
- Independent School Standards (Part 2 and Part 3)

Relationships Education and Health Education are statutory for all pupils in primary education. Elements of sex education are statutory within the National Curriculum for Science.

3. Scope of Relationships and Sex Education

Relationships Education (Statutory)

Relationships Education focuses on teaching pupils about:

- families and people who care for them
- caring friendships
- respectful relationships
- online relationships
- being safe

Health Education (Statutory)

Health Education includes teaching about:

- mental wellbeing
- physical health and fitness
- healthy eating

- personal hygiene
- managing emotions
- puberty and the changes associated with it

Sex Education (Non-Statutory in Primary)

In addition to statutory Science content, the school provides age-appropriate, non-statutory sex education in upper Key Stage 2 to support pupils' understanding and transition to senior school. This includes learning about human reproduction and conception.

Parents have the legal right to withdraw their child from non-statutory sex education only.

4. Curriculum Delivery

RSE is delivered through a planned, progressive curriculum from EYFS to Year 6.

The school uses the Discovery Education RSE Scheme of Work, accredited by the PSHE Association, supplemented where appropriate to meet the needs of pupils.

RSE is taught:

- in a safe and supportive environment
- using age-appropriate language and resources
- in a way that reflects the school's ethos and values

5. Inclusion and Equality

RSE is inclusive and reflects the diversity of modern Britain. Teaching:

- promotes respect for different family structures, cultures and beliefs
- complies with the Equality Act (2010)
- is adapted to meet the needs of pupils with SEND

RSE does not promote any particular lifestyle choice but encourages pupils to develop respect and understanding of others.

6. Safeguarding and Managing Sensitive Issues

RSE contributes directly to safeguarding by helping pupils:

- recognise unsafe situations
- understand boundaries and consent
- know how and where to seek help

If a safeguarding concern arises during RSE teaching, staff follow the school's Safeguarding and Child Protection Policy immediately.

Staff do not make personal disclosures and use professional judgement when responding to questions, ensuring that content remains appropriate for the age and maturity of pupils.

7. Parental Rights and Consultation

Parents and carers are informed about the RSE curriculum through:

- curriculum information
- parent meetings or workshops
- published policy documentation

Parents have the right to withdraw their child from non-statutory sex education in primary school. Requests for withdrawal should be made in writing to the Head.

The school will meet with parents to discuss concerns and explain how the curriculum is delivered before any decision is made.

8. Roles and Responsibilities

Trustees

- approve and review the RSE Policy
- ensure statutory compliance

Head and Senior Leaders

- ensure effective implementation of RSE
- support staff training and confidence

Staff

- deliver RSE in line with this policy and the Teacher Toolkit
- create a safe and respectful learning environment

9. Monitoring and Review

The RSE curriculum is monitored through:

- curriculum review
- pupil voice
- staff feedback

This policy is reviewed regularly by trustees to ensure it remains compliant with statutory guidance and reflects best practice.

10. Links to Other Policies

This policy should be read alongside:

- Safeguarding and Child Protection Policy
- Behaviour Policy
- Equality Policy
- Teacher Toolkit: Teaching, Curriculum and Assessment